



PETE'S FROOTIQUE & FINE FOODS

PHONE NUMBER: **902-425-5700**

ITEMS AVAILABLE FOR DELIVERY/PICK-UP

EFFECTIVE MARCH 20, 2020

WHILE SUPPLIES LAST

PRODUCE WIDE RANGE OF PRODUCE IS AVAILABLE - CALL TO PLACE YOUR ORDER

EGGS

COLDSRING free range eggs 12'S	\$6.49
NOVA large brown eggs 12	\$3.69
NOVA large white eggs 12	\$3.59
EGGS (flat 30)	\$8.49

DAIRY

FARMERS 1% milk, 1L	\$2.59
FARMERS 1% milk, 2L	\$3.69
FARMERS 2% milk, 1L	\$2.59
FARMERS 2% milk, 2L	\$3.69
FARMERS homogenized milk, 1L	\$2.59
FARMERS homogenized milk, 2L	\$3.69
FARMERS coffee cream, 1L	\$4.49
FARMERS cream 18%, 473ml	\$2.79
SCOTSBURN 1% milk, 1L	\$2.59
SCOTSBURN 1% milk, 2L	\$3.69
SCOTSBURN 2% milk, 1L	\$2.59
SCOTSBURN 2% milk, 2L	\$3.69
SCOTSBURN blend, 473ml	\$2.39
SCOTSBURN homogenized milk, 1L	\$2.59
SCOTSBURN homogenized milk, 2L	\$3.69
SCOTSBURN coffee cream, 1L	\$4.49
SCOTSBURN coffee cream, 473ml	\$2.49

YOGURT / SOUR CREAM / BUTTER

LIBERTE classique plain yogurt 2%, 650g	\$4.39
LIBERTE mediterranean vanilla yogurt, 750g	\$5.79
FARMERS sour cream, 250g	\$2.99
SCOTSBURN unsalted butter, 454g	\$6.49
SCOTSBURN butter, 454g	\$6.49

PASTA & RICE

RUMMO fettucine #15, 500g	\$3.69
RUMMO orecchiette #87, 500g	\$5.39
RUMMO spaghetti #3, 500g	\$3.99
LUNDBERG org basmati cal brown rice, 907g	\$10.99
LUNDBERG org jasmine white rice, 907g	\$13.99
RUMMO gf linguine, 400g	\$4.49
RUMMO gf spaghetti #3	\$4.99
CLIC patna rice, 907g	\$2.49
CLIC arborio rice, 907g	\$7.99

SNACKS

COVERED BRIDGE sea salt & vinegar chips, 170g	\$3.99
COVERED BRIDGE sea salt chips, 170g	\$3.99
COVERED BRIDGE smokin sweet bbq chips, 170g	\$3.99
COVERED BRIDGE sour cream & onion chips, 170g	\$3.99
COVERED BRIDGE storm chips, 284g	\$5.49
COVERED BRIDGE sweet potato sea salt, 142g	\$3.99
MADE WITH LOCAL coconut dark bar, 53g	\$3.49
MADE WITH LOCAL gingerbread bar, 58g	\$3.49
MADE WITH LOCAL peanutbutter chocolate bar, 53g	\$3.49
MAMA T'S oatmeal chocolate chip cookie, 100g	\$4.99
MARY'S organic original crackers	\$8.89
NEAL BROTHERS organic hot salsa, 410ml	\$5.49
NEAL BROTHERS organic salsa mild, 410ml	\$5.49
NEAL BROTHERS organic white tortillas, 300g	\$4.99
PETE'S NACHO'S, 300g	\$5.99
RITTER SPORT dark chocolate hazelnut, no salt, 100g	\$4.49
SESMARK gf savoury thins crackers original, 90g	\$3.69
SPEERVILLE org Newfoundland oatmeal, 910g	\$8.99
SUZIEGOODFATS chocolate almond, 39g	\$2.99
SUZIEGOODFATS cookies & cream bar, 39g	\$2.99
SUZIEGOODFATS mint chocolate chip, 39g	\$2.99
SUZIEGOODFATS peanutbutter chocolate, 39g	\$2.99
TOSTITOS org blue corn tortilla chips, 240g	\$4.99

SEAFOOD

HADDOCK FILLETS	\$22.02/kg
ATLANTIC SALMON	\$37.46/kg
FAROE ISLAND SALMON	\$57.30/kg
SHRIMP 31/40 RAW PACIFIC WHITE	\$26.43/kg
PETE'S FISHCAKES - inquire	\$19.82/kg

PLANT BASED

BEYOND MEAT burger, 226g	\$9.99
ACADIANA SOY extra firm, 450g	\$5.99
ACADIANA SOY tofu plain, 450g	\$4.99

COFFEE / TEA

ANCHORED COFFEE	\$16.99
JAVA BLEND coffee	\$10.99
PG Tips 40 teabags	\$5.99
PG Tips 35 decaf teabags	\$6.99
TEA BREWERY teas	\$8.49

EASTER TREATS

Riegelein Large Gold Bunny 250g	\$9.49
Riegelein Chocolate Bunny 150g	\$4.99
Kinder Joy Single Egg 20g	\$2.49
Kinder Mini Eggs 75g	\$3.59
Galaxy Enchanted Mini Eggs 80g	\$2.99
Galaxy Caramel Mini Eggs 80g	\$2.99
Cadbury Creme Egg	\$1.59
Cadbury Mini Dairy Milk Eggs 86g	\$2.99
Cadbury Mini Oreo Eggs 82g	\$2.99
Cadbury Mini Daim Eggs 86g	\$2.99
Cadbury Dairy Milk Egg 71g	\$3.49
Cadbury Mini Creme Eggs 89g	\$3.59
Cadbury Dairy Milk Egg n Spoon Oreo	\$7.99
Cadbury Double Decker Egg 287g	\$13.99
Moo Free Bunycomb 130g	\$10.99
Moo Free Cheeky Orange Egg 120g	\$10.99
Moo Free Original Egg 120g	\$10.99
Mars Chocolate Egg 141g	\$7.99
Reese's Reester Bunny 141g	\$9.99
Fry's Chocolate Cream Egg 159g	\$8.99

BAKERY

PETE'S baguette demi	\$1.24
PETE'S baguette full	\$2.99
PETE'S half loaf bread	\$1.99
PETE'S 6 pack cookies	\$2.29
PETE'S english muffins	\$3.69
PETE'S 6 pack muffins	\$4.79
PETE'S pita chips	\$4.99
PETE'S 6 pack tea biscuits	\$4.75
24 CARROTS multigrain bread	\$4.69
24 CARROTS 100% whole wheat bread, 350g	\$3.99
24 CARROTS white bread, 500g	\$3.79
VILLAGIO white bread, 675g	\$3.89
DEMPSTER'S whole grain 100% whole wheat, 600g	\$4.29
FANCY LEBANESE white pita	\$2.09
IZZY BAGELS 6pk	\$4.29
MONTREAL BAGELS 6pk	\$5.99

CHEESE

PETE'S double cream brie, 125g	\$4.99
PETE'S cheddar	\$36.99/kg
COW'S extra old cheddar	\$47.99/kg
ILCHESTER applewood smoked cheddar	\$52.99/kg
KINGSEY cheese curds	\$29.90/kg
Parmigiano Reggiano	\$55.09/kg
ARMSTRONG old cheddar	\$7.99
HOLMESTEAD feta, 250g	\$6.99

DELI

BROTHERS pepperoni	\$24.90/kg
CEDARVALLE blackforest ham	\$25.00/kg
CEDARVALLE honey ham	\$25.00/kg
CEDARVALLE oven roasted turkey	\$47.00/kg
CEDARVALLE sundried tomato herb turkey	\$47.00/kg
EMMA'S gnocchi	\$3.99

BOTTLED WATER

PETE'S Ozonated Spring Water, 591ml	\$0.99
PETE'S Ozonated Spring Water 12 Pack	\$4.99
(bottle deposit will be applied)	

SOUP & SOUP MIXES & SAUCES

MITCHELL'S chunk wagon chili soup mix, 390g	\$9.49
MITCHELL'S fog pea soup mix, 390g	\$9.49
MITCHELL'S rockin moroccan soup mix, 394g	\$9.49
MITCHELL'S rustic italian soup mix, 584g	\$9.49
SACLA basil pesto, 180ml	\$3.99
SACLA parmigiana sauce, 545ml	\$6.99
SACLA marinara sauce, 545ml	\$6.99
PACIFIC org chicken broth low salt, 946ml	\$6.99
PACIFIC org chicken broth, 946ml	\$6.99
PACIFIC org vegetable broth, 1L	\$6.99
PACIFIC org vegetable broth low salt, 1L	\$6.99

CANNED VEGETABLES

PASTENE chopped tomatos, 398ml	\$2.49
PASTENE petite cut tomatoes, 796ml	\$2.69
PASTENE san marzano tomato, 796ml	\$6.99
CLIC black turtle beans, 540ml	\$1.99
CLIC chick peas, 540ml	\$1.99
CLIC red kidney beans, 540ml	\$1.99
MUIR GLEN crushed fire roasted tomatoes, 796ml	\$5.99
MUIR GLEN diced tomato, 796ml	\$5.99
MUTTI tomato paste, 156ml	\$3.99

MEAT

CHICKEN BREAST BONELESS SKINLESS	\$24.23/kg
CHICKEN WHOLE	\$8.80/kg
CHICKEN BREAST FAMILY PACK	\$19.82/kg
CHICKEN THIGHS BONELESS	\$15.41/kg
CHICKEN DRUMSTICKS	\$7.69/kg
EXTRA LEAN GROUND BEEF	\$19.82/kg
SIRLOIN TIP STEAK	\$22.02/kg
BOSTON TOP SIRLOIN STEAK	\$30.84/kg
LEAN GROUND BEEF	\$17.61/kg
PETE'S SMOKEHOUSE DOUBLE SMOKED MAPLE BACON	\$19.82/kg
PETE'S SMOKEHOUSE DOUBLE SMOKED BACON	\$22.02/kg
PETE'S SMOKEHOUSE DOUBLE SMOKED MONTREAL BACON	\$24.23/kg
ARMSTRONG BACON	\$7.99
ARMSTRONG MONTREAL SMOKED BACON	\$8.99
PETE'S SAUSAGE - inquire	\$15.41/kg

SPREADS / OILS

COSMAN & WHIDDEN honey, 1kg	\$11.99
HUTCHINSON'S maple syrup, 250ml	\$8.99
KORINTHIA extra virgin olive oil, 750ml	\$13.99
MALDON sea salt flakes, 240g	\$9.99
NUTSMITH natural crunchy peanut butter, 500g	\$7.49
NUTSMITH natural smooth peanut butter, 500g	\$7.49
PETE'S extra virgin olive oil, 500ml	\$14.99
PUREE wild blueberry fruit puree, 350ml	\$9.99
THAI KITCHEN light coconut milk, 400ml	\$3.99