



# PETE'S FROOTIQUE & FINE FOODS

CALL HALIFAX: 902-425-5700 OR BEDFORD: 902-835-4997

A SAMPLE OF ITEMS AVAILABLE FOR DELIVERY/PICK-UP  
EFFECTIVE JANUARY 1, 2021

WHILE SUPPLIES LAST

## PRODUCE WIDE RANGE OF PRODUCE IS AVAILABLE - CALL TO PLACE YOUR ORDER

### EGGS

COLDSRING free range eggs 12'S	\$6.49
NOVA large brown eggs 12	\$3.79
NOVA large white eggs 12	\$3.69

### DAIRY AND DAIRY ALTERNATIVES

Farmer's Dairy products below

MILK, 2L (1%, 2% homogenized)	\$3.79
MILK, 4L (1%, 2% homogenized)	\$5.59
BLEND, 473ml	\$2.69
COFFEE CREAM, 1L	\$4.79
WHIPPING CREAM, 1L	\$6.99
NATREL lactose free, 2L (0%-3.25%)	\$5.99
SILK almond hazelnut coffee cream	\$3.29
SILK true almond (unsweetened, vanilla, chocolate)	\$5.99
SILK SOY plain	\$5.69

### YOGURT / SOUR CREAM / BUTTER

LIBERTE classique plain yogurt 2%, 650g	\$4.39
LIBERTE Greek yogurt, 4pk (lime, orange, peach pineapple)	\$3.99
LIBERTE, 500g (strawberry, blackberry)	\$3.99
LIBERTE Greek 5% plain, vanilla, 750g	\$5.99
LIBERTE kefir, 1L (strawberry, mango, plain)	\$5.49
OIKOS yogurt, 4pk (assorted flavours) 4x 100g	\$4.49
FARMERS sour cream, 250g	\$2.99
PHILADELPHIA cream cheese, 250g	\$4.99
SCOTSBURN salted or unsalted butter, 454g	\$6.49
EARTH BALANCE butter alternative, 425g	\$5.99
CULTURED COCONUT, 460ml	\$19.99

### PASTA & RICE

RUMMO assorted pasta	\$3.69
RUMMO assorted gf pasta	\$4.99
LUNDBERG org basmati cal brown rice, 907g	\$11.99
LUNDBERG org jasmine white rice, 907g	\$13.99
CLIC patna long grain rice, 907g	\$2.99
CLIC arborio rice, 907g	\$7.99
PETE'S OWN fresh pasta	\$9.99

### SNACKS

NEAL BROTHERS salsas, 410ml	\$5.49
NEAL BROTHERS organic white tortillas, 300g	\$4.99
PETE'S NACHO'S, 300g	\$5.99
CARR'S crackers 125g	\$2.99
WONDERFUL pistachios, 200g	\$6.99
ROYAL NUTS, mixed nuts 325g	\$12.99
ROYAL NUTS, walnuts	\$8.99
RITTER SPORT nut selection bars, 100g	\$4.49
PEACE BY CHOCOLATE golden chocolate pearl bar	\$3.49
PEACE BY CHOCOLATE boxes 160g	\$13.99
COW'S chocolate covered chips 85g	\$3.99
COW'S caramel corn, 100g	\$4.99
SPUD ISLAND sea salt chips, 142g	\$2.99
COVERED BRIDGE chips - ask about flavours	\$3.99
LOVE GOODFATS bars - ask about flavours	\$2.99
NEWFOUNDLAND CHOCOLATE CO. assorted boxes 200g	\$24.00

### SEAFOOD

HADDOCK FILLETS	\$9.99/lb
ATLANTIC SALMON	\$16.99/lb
FAROE ISLAND SALMON	\$25.99/lb
SHRIMP 31/40 RAW PACIFIC WHITE	\$11.99/lb
DIGBY SCALLOPS	\$29.99/lb
SHRIMP 16/20 RAW ARGENTINE RED	\$16.99/lb
PETE'S FISHCAKES - inquire	\$8.99/lb - \$9.99/lb

### PLANT BASED

BEYOND MEAT burger, 226g	\$8.99
ACADIANA SOY extra firm, 450g	\$5.49
ACADIANA SOY tofu plain, 450g	\$4.99

### COFFEE / TEA

ANCHORED COFFEE	\$16.99
JAVA BLEND coffee	\$10.99
JUST US! coffee, 340g	\$12.99
TWININGS tea, 20 bag box	\$5.99

### BEST OF BRITAIN

Goodies from Across the Pond

HEINZ baked beans, 4pk	\$14.99
MCVITIE'S ginger nut cookies	\$5.99
MCVITIE'S hobnobs, 300g	\$4.99
JACOBS cream crackers	\$3.99
BRANSTON pickles, 360g	\$9.99
TUNNOCKS snowballs	\$3.99
CADBURY drinking chocolate	\$6.99
WALKER'S CRISPS, assorted flavours, individual bags	\$2.29

### BOTTLED DRINKS

(bottle deposit will apply where applicable)

POP CULTURE kombucha ask us about your favourites	\$5.99
LA CROIX, 8 pack	\$7.99
SANPELLEGRINO, 6 PACK	\$6.99
ROBINSONS squash, 1L	\$5.99
BOTTLEGREEN sparkling presse, 1L	\$5.99
COCA-COLA mini cans, 6/pk	\$3.99

### OTHER

Ask about our everyday household goods.

### BAKERY

PETE'S baguette	\$2.99
PETE'S cookies, 6 pack	\$4.99
PETE'S cruffins, 6 pack	\$6.49
PETE'S muffins, 6 pack	\$4.79
PETE'S donuts, 1 pack	\$1.50
PETE'S pita chips	\$4.99
PETE'S English muffins	\$3.69
24 CARROTS multigrain bread	\$4.69
24 CARROTS white bread, 500g	\$3.79
ST-VIAEUR Montreal bagels, 6pk	\$6.49
ANTOINETTE'S CHEESECAKES, mini, ask about flavours	\$3.49
YO-YO filled shortbread cookies, 320g	\$6.99

Ask about our local bakery offerings.

### CHEESE

PETE'S OWN cheddar	\$3.69/100g
PETE'S OWN Brie	\$4.99
COW'S extra old cheddar	\$4.79/100g
EMMA parmigiano reggiano	\$5.50/100g
SWISS GRUYERE	\$5.39/100g
ABBOTS GOLD cheddar w/ caramelized onions	\$5.39/100g
ILCHESTER applewood smoked cheddar	\$5.29/100g
WOOLWICH goat log assorted flavours, 113g	\$5.49
HOLMESTEAD feta, 250g	\$6.99
ARMSTRONG old cheddar	\$7.99
THAT DUTCHMAN'S dragon's breath blue	\$19.99

### DELI

BROTHERS pepperoni	\$2.49/100g
CUDDY black forest ham	\$2.50/100g
CUDDY Montreal smoked turkey	\$3.99/100g
MASTRO charcuterie trio packs, 150g	\$10.99
CHRIS BROTHERS assorted deli meat	\$5.99
BRAVO olives, 400g	\$7.99
TOSTADAS, housemade	\$3.50
PETE'S AT HOME lasagna, butter chicken, mac n' cheese and spaghetti	\$9.99
PETE'S AT HOME GOURMET TAKE AWAY, heat and serve (butter chicken + rice + naan or lasagna + Caesar salad + garlic bread)	\$39.99 serves 4
PETE'S AT HOME GOURMET TAKE AWAY, kitchen creations (Pomodoro sausage pasta, steak fajitas)	\$35.99 serves 4
HOUSEMADE DIPS artichoke pâté, spinach dip, hummus, dill dip, tzatziki	\$2.30/100g
PETE'S SALSA, housemade	\$1.50/100g
PETE'S GUACAMOLE, housemade	\$2.70/100g
HOUSEMADE DELI SALADS ask about your favourites	\$2.00/100g
POT PIES, housemade (turkey, beef & mushroom, moroccan veg)	\$3.99-\$5.99
MEATBALLS	\$2.75/100g
RISOTTO BALLS	\$3.50
HOUSEMADE SOUPS, 473ml (west African peanut, tomato basil, carrot dill)	\$5.99
HOUSEMADE SOUPS, 940ml (west African peanut, tomato basil, carrot dill)	\$8.99

### PANTRY FAVOURITES

PETE'S OWN extra virgin olive oil, 500ml	\$14.99
PASTENE chopped tomatoes, 398ml	\$2.49
PASTENE san Marzano tomatoes, 796ml	\$6.99
MUIR GLEN crushed fire roasted tomatoes, 796ml	\$5.99
MARINELLI'S pasta sauce, 720ml (roasted garlic, vegetable primavera, tomato basil)	\$7.99
PASTENE tomato paste, 156ml	\$1.49
CLIC 540ml (chickpeas, kidney beans, black beans)	\$1.99
MALDON sea salt flakes, 240g	\$7.99
NUTSMITH natural crunchy or smooth peanut butter, 500g	\$7.99
HELLMANN'S real mayonnaise	\$6.99
MITCHELL'S soup mixes	\$9.99
PACIFIC organic broth, 1L (chicken, beef, vegetable)	\$6.99
BETTER THAN BOULLION, 227g	\$9.99
SPEERVILLE flour, 5lbs	\$10.99
FLEICHMANN'S yeast, 3x8g	\$2.99
CLIC brown sugar, 1.32lbs	\$2.99
LANTIC white sugar, 1kg	\$6.99
HUTCHINSON'S maple syrup, 250ml	\$8.99
COSMAN & WHITMAN NS HONEY, 375g	\$5.99
KIKKOMAN soy sauce, 591 ml	\$7.49
MASTER INDIAN spice kits	\$5.49
MCKAYS jellies and jams	\$6.99-\$8.99

### MEAT

CHICKEN WHOLE	\$3.99/lb
CHICKEN BREAST FAMILY PACK	\$9.99/lb
CHICKEN THIGHS BONELESS	\$7.99/lb
CHICKEN DRUMSTICKS	\$3.99/lb
LEAN GROUND BEEF	\$7.99/lb
PETE'S SMOKEHOUSE DOUBLE SMOKED MAPLE BACON	\$8.99/lb
PETE'S SMOKEHOUSE DOUBLE SMOKED BACON	\$9.99/lb
PETE'S SMOKEHOUSE DOUBLE SMOKED MONTREAL BACON	\$10.99/lb
PETE'S SAUSAGE - ask about your favourites	\$6.99/lb
PRIME RIB ROAST	market price
BONELESS BLADE ROAST	\$7.99/lb

## PETE'S AT HOME GOURMET TAKE AWAY

- Find Pete's at Home Gourmet Take Away in store.
- Choose from our two tasty options - Heat and Serve or Kitchen Creations (great for learning a new recipe!).
- Everything you need packed into one bag!



Give the gift of flavour!

Treat family and friends to the taste of Pete's with a gift card! Available in any denomination.