



# PETE'S FROOTIQUE & FINE FOODS

CALL HALIFAX: 902-425-5700 or BEDFORD: 902-835-4997

A SAMPLE OF ITEMS AVAILABLE FOR DELIVERY/PICK-UP  
EFFECTIVE MONDAY APRIL 5, 2021

WHILE SUPPLIES LAST - PRICES SUBJECT TO CHANGE WITHOUT NOTICE

## PRODUCE WIDE RANGE OF PRODUCE IS AVAILABLE - CALL TO PLACE YOUR ORDER

### EGGS

COLDSRING free range eggs (12's)	\$6.69
NOVA large brown eggs (12)	\$3.99
NOVA large white eggs (12)	\$3.89

### DAIRY AND DAIRY ALTERNATIVES

Farmer's Dairy products below

FARMERS milk, 2L (1%, 2% and 3.25%)	\$3.89
FARMERS milk, 4L (1%, 2% and 3.25%)	\$5.89
FARMERS chocolate Milk, 1L (1%)	\$2.89
FARMERS blend, 1L	\$4.39
FARMERS coffee cream, 1L	\$4.89
FARMERS whipping Cream, 1L	\$6.99
NATREL lactose free, 2L (0%-3.25%)	\$6.19
SILK ALMOND vanilla coffee cream	\$3.29
SILK true almond (unsweetened, unsweetened vanilla, or original)	\$5.99
SILK Soy, Plain	\$5.69
OATLY (Barista edition, calcium enriched, organic, chocolate)	\$7.99-\$8.99

### BUTTER / SOUR CREAM / YOGURT

LIBERTE classique plain yogurt 2%, 650g	\$4.39
LIBERTE, strawberry or blackberry, 500g	\$4.29
LIBERTE Greek 5% plain, vanilla, 750g	\$6.99
LIBERTE kefir - strawberry, mango, or plain, 1L	\$5.49
OIKOS yogurt, assorted flavours (4 pack)	\$4.99
FARMERS sour cream, 250g	\$3.09
PHILADELPHIA cream cheese, 250g	\$4.99
SCOTSBURN salted or unsalted butter, 454g	\$6.79
EARTH BALANCE vegan butter, 425g	\$5.99
CULTURED COCONUT, 460ml	\$19.99

### PASTA & RICE

PETE'S OWN fresh pasta	\$9.99
RUMMO assorted pasta	\$3.69
RUMMO assorted gluten free pasta	\$4.99
LUNDERBERG organic basmati brown rice (907g)	\$13.99
LUNDERBERG organic jasmine rice (907g)	\$14.99
CLIC Patna long grain rice (907g)	\$2.99
CLIC Arborio rice (907g)	\$7.99

### SNACKS

NEAL BROTHERS salsas, 410ml	\$5.49
NEAL BROTHERS organic white tortillas, 300g	\$4.99
PETE'S NACHO'S, 300g	\$5.99
CARR'S crackers, 125g	\$2.99
ROYAL NUTS, deluxe salted mixed nuts	\$12.99
PEACE BY CHOCOLATE golden chocolate pearl bar	\$3.49
COW'S chocolate covered chips 150g	\$6.99
COW'S caramel corn, 100g	\$4.99
COVERED BRIDGE chips (ask about flavours)	\$3.99
LOVE GOODFATS bars (ask about flavours)	\$2.99

### SEAFOOD

HADDOCK FILLETS	\$9.99/lb
ATLANTIC SALMON	\$16.99/lb
FAROE ISLAND SALMON	\$25.99/lb
SHRIMP 31/40 RAW PACIFIC WHITE	\$11.99/lb
DIGBY SCALLOPS	\$29.99/lb
SHRIMP 21/25 RAW ARGENTINE RED	\$19.99/lb
PETE'S FISHCAKES (inquire)	\$8.99/lb - \$9.99/lb
WOLFHEAD cold smoked salmon	\$32.99/lb

### PLANT BASED

BEYOND MEAT burger, 226g	\$8.99
ACADIANA SOY extra firm, 450g	\$5.49
ACADIANA SOY plain tofu, 450g	\$4.99

### COFFEE / TEA

ANCHORED COFFEE	\$16.99
JAVA BLEND coffee	\$12.99
JUST US! coffee	\$12.99
TWININGS tea, 20 bag box	\$6.29

### BEST OF BRITAIN

Goodies from Across the Pond

MCVITIE'S hobnobs, 300g	\$4.99
MCVITIE'S ginger nut cookies, 250g	\$5.99
MCVITIE'S original digestives	\$6.99
PAXO sage & onion stuffing	\$7.99
BRANSTON pickles, 520g	\$11.99
BISTO gravy granules	\$5.99-
Beef, chicken, onion and turkey	\$14.99

### BOTTLED DRINKS

(bottle deposit will apply where applicable)

POP CULTURE kombucha	\$3.99
LA CROIX, 8 pack	\$7.99
SAN PELLEGRINO, 6 pack	\$6.99
ROBINSONS squash, 1L	\$5.99
BOTTLEGREEN sparkling presse, 750ml	\$5.99
COCA-COLA mini cans, 6pk	\$3.99

### BAKERY

PETE'S baguette	\$2.99
PETE'S cookies, 6 pack	\$4.99
PETE'S cruffins, 6 pack	\$6.49
PETE'S muffins, 6 pack	\$4.99
PETE'S donuts, 1 pack	\$1.50
PETE'S pita chips	\$4.99
PETE'S English muffins	\$3.69
24 CARROTS multigrain bread	\$4.69
24 CARROTS white bread, 500g	\$3.79
ST-VIAEUR Montreal bagels, 6pk	\$6.49
ANTOINETTE'S CHEESECAKES, mini, ask about flavours	\$3.49
YO-YO filled shortbread cookies, 320g	\$6.99

Ask about our local bakery offerings.

### CHEESE

PETE'S OWN cheddar	\$3.69/100g
PETE'S OWN Brie	\$4.99
COW'S extra old cheddar	\$4.79/100g
EMMA parmigiano Reggiano	\$3.99/100g
EMMI LE GRUYERE SWITZERLAND	\$5.39/100g
ABBOT'S GOLD cheddar	\$5.39/100g
ILCHESTER Applewood smoked cheddar	\$5.29/100g
WOOLWICH goat log assorted flavours, 113g	\$5.49
WOOLWICH goat log assorted flavours, 300g	\$10.99
HOLMESTEAD feta, 250g	\$6.99
ARMSTRONG old cheddar	\$7.99
THAT DUTCHMAN'S dragon's breath blue	\$19.99

### DELI

BROTHERS pepperoni	\$2.49/100g
FLETCHER'S black forest ham	\$1.80/100g
CUDDY Montreal smoked turkey	\$3.99/100g
MASTRO charcuterie trio packs, 150g	\$10.99
CHRIS BROTHERS assorted deli meat	\$5.99
BRAVO olives, 400g	\$7.99
TOSTADAS, housemade	\$3.50
PETE'S AT HOME Lasagna, butter chicken, mac n' cheese or spaghetti	\$9.99
HOUSEMADE PASTA SALAD Garden, spicy sundried tomato, summer tortellini, or roasted pepper penne	\$2.00/100g
PETE'S AT HOME GOURMET TAKE AWAY - Heat and Serve. Butter chicken + rice + naan OR lasagna + Caesar salad + garlic bread	\$39.99 serves 4
PETE'S AT HOME GOURMET TAKE AWAY - Kitchen Creations. Pomodoro sausage pasta OR steak fajitas	\$35.99 serves 4
HOUSEMADE DIPS artichoke pâté, spinach dip, hummus, dill dip, or tzatziki	\$2.30/100g
PETE'S HOUSEMADE SALSA Mild, medium or hot	\$1.50/100g

### PANTRY FAVOURITES

PETE'S OWN extra virgin olive oil, 500ml	\$14.99
PASTENE chopped tomatoes, 398ml	\$2.79
PASTENE san Marzano tomatoes, 796ml	\$7.49
PASTENE crushed fire roasted tomatoes	\$2.99
MARINELLI'S pasta sauce, 720ml (roasted garlic, vegetable primavera, tomato basil)	\$7.99
MARIA'S PANTRY pasta sauces	\$8.49
PASTENE tomato paste, 156ml	\$1.69
CLIC (540ml) (chickpeas, kidney beans, black beans)	\$1.99
MALDON sea salt flakes, 240g	\$9.99
NUTSMITH, 500g natural crunchy or smooth peanut butter	\$7.99
KRAFT, crunchy or smooth peanut butter	\$5.49
HELLMANN'S real mayonnaise	\$4.99
MITCHELL'S soup mixes	\$9.99
PACIFIC organic broth, 1L Chicken or vegetable	\$6.49
CLIC brown sugar, 1.32lbs	\$2.99
LANTIC white sugar, 1kg	\$6.99
HUTCHINSON'S maple syrup, 250ml	\$8.99
COSMAN & WHITMAN NS HONEY, 375g	\$5.99
MCKAYS jellies and jams	\$6.99-\$8.99

### MEAT

DUCK BREAST	\$14.99/lb
BROME LAKE rendered duck fat	\$6.99
CHICKEN WHOLE	\$3.99/lb
CHICKEN BREAST FAMILY PACK	\$8.99/lb
CHICKEN THIGHS BONELESS	\$6.99/lb
CHICKEN DRUMSTICKS	\$3.49/lb
LEAN GROUND BEEF	\$7.99/lb
PRIME RIB ROAST	\$22.99/lb
PETE'S SMOKEHOUSE DOUBLE SMOKED BACON	\$9.99/lb
PETE'S SMOKEHOUSE DOUBLE SMOKED MAPLE BACON	\$10.99/lb
PETE'S SMOKEHOUSE DOUBLE SMOKED MONTREAL BACON	\$10.99/lb
PETE'S SAUSAGE - ask about your favourites	\$6.99/lb

Give the gift of flavour!  
Treat family and friends to the taste of Pete's with a gift card!  
Available in any denomination.



British Butcher  
**BURGER KITS** PRE-ORDER ONLY  
\$34.99

- KIT INCLUDES**
- 6 HOUSEMADE HONEST BURGERS
  - 6 PETE'S HAMBURGER BUNS
  - PETE'S SMOKEHOUSE DOUBLE SMOKED BACON, SLICED
  - COWS SMOKED CHEDDAR, SLICED
  - ISLAND SAUCE COMPANY, CAPE SMOKEY BBQ SAUCE

